



Perinatal Mental Health: A Guide for Health Professionals and Users

Jane Hanley

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Perinatal Mental Health is an invaluable reference for nurses, midwives and other health professionals working with this client group, covering current thinking on the causes of mothers' mood disorders and the consequences for her infant, the family, society and most importantly the mother herself.

This book covers the recognition, treatment, care and management of perinatal mental health disorders with chapters on the antenatal period; postnatal depression and bipolar disorder; psychosis, personality disorders, eating disorders, sexual issues, self harm and suicide; possible causes of postnatal depression; the multidisciplinary team; and global cultural practices.

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