



Low Carb Recipes Fast & Easy (Revised Edition)

Belinda Schweinhart, Chaddie Letson

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2nd Edition of "Low Carb Recipes Fast & Easy" cookbook. Same great recipes now in an easier to read format. Updated and expanded "Resources" section and a new "FAQ's" section including questions like "How do I make almond flour?" and "Is soy flour the same as soya powder?". Sugar substitution chart expanded to include liquid Splenda and Stevia.

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