



The Good Karma Divorce: Avoid Litigation, Turn Negative Emotions into Positive Actions, and Get On with the Rest of Your Life

Michele Lowrance

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[Michele Lowrance's] advice is healing and revolutionary. She is clear-headed and open-hearted." —Julia Cameron, bestselling author of *The Artist's Way*

The Good Karma Divorce is that rare guidebook that offers a concrete path to transforming painful experience into positive action. Family Judge Michele Lowrance, who experienced her parents' divorce and two of her own, has developed what Karen Mathis, past president of the American Bar Association, describes as an "inspired and uplifting alternative to the agonizing divorce process." Over the past four years, Judge Lowrance has seen literally one hundred percent of divorcing couples who applied the practices described in *The Good Karma Divorce* avoid trial. Firmly entrenched in real-world applicability, *The Good Karma Divorce* is a must-read not only for people in any phase of a divorce, but for psychologists, psychiatrists, attorneys, judges, and social workers, as well.

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