



## Solo Suppers

*Judi Swinks, Joyce Eserky Goldstein Joyce Eserky Goldstein*

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**Solo Suppers** Judi Swinks, Joyce Eserky Goldstein Joyce Eserky Goldstein

A noted culinary expert presents an entertaining guide to cooking for one person, presenting an array of recipes for delicious and hearty meals, along with valuable advice on smart shopping, stocking the pantry, recipe variations, and essential cooking te

**Title:** Solo Suppers

**Author:** Goldstein, Joyce Eserky

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