



African American Relationships, Marriages, and Families: An Introduction

Patricia Dixon

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African American Relationships, Marriages, and Families is a historically and culturally centered text designed for relationship, marriage and family educators and therapists who work with African American singles and couples. Complete with numerous exercises, the book helps singles and couples increase their self-awareness, partner awareness and respect, and appreciation for difference. It also helps foster effective communication and conflict resolution skills, showing readers how to develop and maintain healthy relationships, marriages, and families. No ground is left uncovered in Dixon's thoughtful and considered analysis.

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