



# Family Interventions in Substance Abuse: Current Best Practices

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## Family Interventions in Substance Abuse: Current Best Practices

Leading clinicians discuss the latest evidence-based approaches to working with families that have an addicted or substance abusing member. *Family Intervention in Substance Abuse: Current Best Practices* gathers together in one easy-to-read volume the most effective family-based clinical approaches to work with families and the difficult issues of substance abuse. The field's most respected and best known clinicians discuss the latest interventions that prove most effective and how to easily integrate them into clinical practice. This unique text is ideal for clinical trainers and professors working with students in the addictions and family therapy fields. *Family Intervention in Substance Abuse: Current Best Practices* provides students, practicing professionals, and educators with a range of clinical strategies from engaging resistant substance abusers into treatment, to therapy from a systemic viewpoint, to relapse prevention. This essential text comprehensively discusses nine of the most current and evidence-based approaches to working with families that have an addicted or substance abusing member. Each chapter contains basic theoretical descriptions, case applications, practical points for implementation, reviews of the outcome studies, and extensive bibliographies. Topics discussed in *Family Intervention in Substance Abuse: Current Best Practices* include:

- “Family systems” interventions
- Motivational Interviewing
- stages of family recovery from addiction
- integration of clinical work with Twelve Step programs
- strategies for engaging reluctant alcohol and other drug abusers
- working with adolescent alcohol and other drug abusers
- behavioral couples work for alcoholism and drug abuse
- *and more!*

*Family Intervention in Substance Abuse: Current Best Practices* is an invaluable resource for students, counselors, social workers, addiction specialists, marriage and family therapists, psychologists, psychiatrists, and professors and trainers in the fields of addiction and family therapy.

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