



# Classic Human Anatomy in Motion: The Artist's Guide to the Dynamics of Figure Drawing

*Valerie L. Winslow*

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**This essential companion book to the bestselling *Classic Human Anatomy* provides artists and art students with a deeper understanding of human anatomy and different types of motion, inspiring more realistic and energetic figurative art.**

Fine-art instruction books do not usually focus on anatomy as it relates to movement, despite its great artistic significance. Written by a long-time expert on drawing and painting human anatomy, *Classic Human Anatomy in Motion* offers artists everything they need to realistically draw the human figure as it is affected by movement. Written in a friendly style, the book is illustrated with hundreds of life drawing studies (both quick poses and long studies), along with charts and diagrams showing the various anatomical and structural components.

This comprehensive manual features 5 distinct sections, each focusing on a different aspect of the human figure: bones and joint movement, muscle groups, surface form and soft tissue characteristics, structure, and movement. Each chapter builds an artistic understanding of how motion transforms the human figure and can create a sense of expressive vibrancy in one's art.

*From the Hardcover edition.*

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