



Lameco Eskrima: The Legacy of Edgar G. Sulite

David E. Gould

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In the art of Eskrima, few names stand out like the late Edgar Sulite's. He dedicated his life to mastering the art of Eskrima and put his reputation on the line, taking challenges for money and honor. He earned the confidence of a collection of legendary grandmasters of the day, and earned the mutual respect of his era's newest masters. When Sulite came to the United States he took the country—and then the world—by storm. In this unique book, Guro David E. Gould recounts the life, the art and the legacy of Punong Guro Edgar G. Sulite and his Lameco Eskrima system. Broken down into 10 distinct chapters, **Lameco Eskrima: The Legacy of Edgar Sulite**, presents the evolution of a fighter and his art, from his early days in Tacloban City and Ozamis City, through his middle period in Manila, and finally his later years in the United States.

Additionally, the book delves deep into the Lameco Eskrima system and the reader will learn a great deal about the 5 major influences credited with the creation of Lameco Eskrima. Primarily, Sulite Rapelon (GM Helacrio Sulite Sr.), De Campo 1-2-3 Orehenal (GM Jose D. Caballero / Mang Eric Olavides), Pekiti-Tirsia Kali (Tuhon Leo T. Gaje Jr.), Modernos Largos (GM Jesus Abella / GM Pablicito Cabahug) and Kalis Ilustrisimo (GM Antonio "Tatang" Ilustrisimo). These systems and there Grand Masters are heavily delved into to reveal much about their methodologies and training ideology, identifying some of the more important lessons which Punong Guro Edgar G. Sulite took away from them during his astute training over a period of numerous years.

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