



# Therapy with Troubled Teenagers: Rewriting Young Lives in Progress

*Bob Bertolino*

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Solution-oriented therapy focuses on eliciting, evoking, and highlighting the strengths of clients, as opposed to their pathology and deficits. Here, Robert Bertolino explains his great success in applying this model to the treatment of adolescents. He describes how to work with these young clients to help empower them to change their life scripts.

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