



Foundations and Adult Health Nursing

Kim Cooper, Kelly Gosnell

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An all-inclusive guide to fundamentals and medical-surgical nursing for the LPN/LVN, **Foundations and Adult Health Nursing, 7th Edition** covers the skills you need for clinical practice, from anatomy and physiology to nursing interventions and maternity, neonatal, pediatric, geriatric, mental health, and community health care. Guidelines for patient care are presented within the framework of the five-step nursing process; Nursing Care Plans are described within a case-study format to help you develop skills in clinical decision-making. Written by Kim Cooper and Kelly Gosnell, this text includes all of the content from their *Foundations of Nursing* and *Adult Health Nursing* books, including review questions to help you prepare for the NCLEX-PN® examination!

- **Full-color, step-by-step instructions for over 100 skills** show nursing techniques and procedures along with rationales for each.
- **The 5-step Nursing Process** connects specific disorders to patient care - with a summary at the end of each chapter.
- **Nursing Care Plans** emphasize patient goals and outcomes within a case-study format, and promotes clinical decision-making with critical thinking questions at the end of each care plan.
- **Clear coverage of essential A&P** is provided by an *Introduction to Anatomy and Physiology* chapter along with an overview of A&P in all body systems chapters.
- **Student-friendly features** enhance the learning of nursing skills with summary boxes for *Patient Teaching, Health Promotion Considerations, Complementary and Alternative Therapy, Cultural Considerations, Older Adult Considerations, Home Care Considerations, Safety Alert, and Prioritization, Assignment, and Supervision*.
- **UNIQUE! Mathematics review** in *Dosage Calculation and Medication Administration* chapter covers basic arithmetic skills prior to the discussion of medication administration.
- **A focus on preparing for the NCLEX examination** includes review questions and *Get Ready for the NCLEX Examination!* sections with key points organized by NCLEX Client Needs Categories.
- **Evidence-Based Practice boxes** provide synopses of nursing research articles and other scientific articles applicable to nursing, along with nursing implications for the LPN/LVN.
- **Nursing Diagnosis boxes** summarize nursing diagnoses for specific disorders along with the appropriate nursing interventions.
- **UNIQUE! Delegation Considerations boxes** provide parameters for delegation to nurse assistants, patient care technicians, and unlicensed assistive personnel.
- **Medication Therapy tables** provide quick access to actions, dosages, precautions, and nursing considerations for commonly used drugs.
- **NEW! Reorganized chapters** make it easier to follow and understand the material.
- **NEW! Icons in page margins** indicate videos, audios, and animations on the Evolve companion website that may be accessed for enhanced learning.
- **UPDATED illustrations** include photographs of common nursing skills.

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