



# **365 Low or No Cost Workplace Teambuilding Activities: Games and Exercises Designed to Build Trust & Encourage Teamwork Among Employees**

*John N. Peragine*

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Teamwork, effective work teams, and team building are popular human resource topics in today's business world. Successful teams and teamwork in any organization enhance the accomplishments of the individual and enable your organization to serve customers better.

Successful team building will have far reaching ramifications. You will instantly improve the way employees interact with each other and you improve their ability to solve problems. Better problem solving means better efficiency, increased morale and productivity, and decreased stress, turnover, and operating costs.

Teambuilding improves communication, leadership, trust, efficiency, crisis management, and fairness.

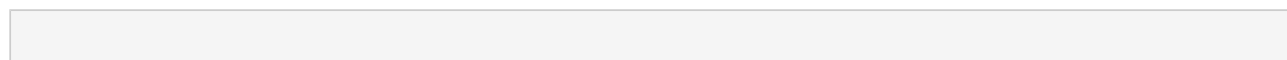
In this new, jam-packed, book you will find hundreds of new low or no cost teambuilding games, exercises, and activities that frankly are fun, easy, and quickly implemented. You will find step-by-step instructions and hints on what to do and what not to do.

The programs detailed in this groundbreaking new book will thrill your employees with humor, fun, exciting, memorable, and unique experiences and challenges, while providing your organization with better communication, improved productivity, and higher profitability. Managers will learn how to work as a team, lead successfully, and how to communicate effectively. The atmosphere produced during these sessions helps to keep employees motivated and dynamic. Employees will learn to work together, eliminate stress and burn out, and appreciate the talents of their co-workers while building a sense of corporate identity.

These activities are designed to get full participation, ensuring everyone performs at their highest level, while breaking down barriers, and most importantly, everyone will have fun with little actual cost to your organization.

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